

Pneumatic (Balloon) Dilation Prep Instructions

Location: Piedmont Hospital GI Lab

Report to Hospital GI Lab on _____ at _____ am/pm

Park in the “North” parking deck. Take the elevator to the bridge level (BR). Sign will say “Bridge to Hospital”. Get off at the “bridge” level; Walk over the glassed in covered bridge.

Turn right and then left. Look for sign to GI Lab. Check in at the window when you enter the GI Lab. You will be registered there.

Procedure Guidelines

You should have liquids only for 24 hours prior to procedure. Nothing to drink after midnight the night before your procedure.

Because you will be sedated, you cannot drive after the procedure is over. You must have someone to drive you home or the procedure will not be performed. This is for your safety. You may not take a taxi by yourself or ride the bus. You may have a friend or family member pick you up at the hospital pick up area. If you give us a phone number when you are being admitted, we will be happy to speak with the person driving you home and call them and arrange a time to meet them. You will be with us approximately 4 hours.

You should not take any Aspirin, Motrin or like medications 10 days prior. No Plavix for 5 days before the procedure. Please notify your physician if you take Coumadin.

After the balloon dilation is completed you will be sent to radiology for a barium swallow to make sure there is no complication.

PLEASE NOTE:

- Wear comfortable clothes to procedure.
- BRING YOUR INSURANCE CARDS WITH YOU.
- BRING A LIST OF YOUR CURRENT MEDICATIONS.
- LEAVE YOUR CAR KEYS AND PARKING TICKET WITH YOUR DRIVER.
- IF YOU HAVE ANY SPECIAL NEEDS, PLEASE NOTIFY STAFF PRIOR TO PROCEDURE (INTERPRETER, PACEMAKER, INTERNAL DEFIBRILLATOR, OR LATEX ALLERGY).
- If you are Diabetic, please bring your Insulin and Insulin syringes with you. We will check your sugar before and after the procedure we may need to give you a dose.

If you have any questions or need to cancel, please call 404-355-3200. Thank you.