

## CAPSULE (PILLCAM) ENDOSCOPY INSTRUCTIONS

NAME: \_\_\_\_\_ SCHEDULED DATE: \_\_\_\_\_

Please check in at Digestive Healthcare of Georgia, Fayetteville Office, 1265 HWY 54 West, Suite 402 at 8:00am

Capsule Endoscopy is contraindicated in patient with known or suspected bowel obstruction, patients with pacemakers or other implanted electronic devices and patients suffering from swallowing disorders.

### INSTRUCTIONS

One day before your exam: Begin a clear liquid diet when you wake up. Nothing RED or PURPLE, NO fluids with pulp and NO dairy products. **NOTE: Nothing by mouth after 9:00p.m. that evening.**

On day of exam: Nothing by mouth. Any critical medications (heart, seizures, breathing problems) may be taken with a small sip of water at least 2 hours prior to swallowing the capsule or you may wait until 2-4 hours after taking the capsule.

You are not sedated for this exam, so you are not required to have a driver bring you to the exam or drive you home.

2 hours after swallowing the capsule you may have clear liquids again. You will be provided with further instructions as to when you may eat or drink after the capsule ingestion.

Do not take **IRON** for **ONE WEEK** prior to your exam.

24 hours prior to exam, hold medication that coat the lining of the bowel. These medications include Carafate (generic: Sucralfate), Pepto Bismol or antacids.

No smoking for 24 hours prior to exam.

Diabetic patient should consider reducing insulin the day of exam per Doctor's orders.

No lotions or powders on your abdominal area the day of the exam.

Wear loose fitting two-piece clothing. No dresses for the ladies.

**You will wear a sensor belt and recording device for 8 hours** during the exam, and return to the office approximately 8 hours after ingestion of the capsule to have the equipment removed.

Please **AVOID MRIs** or other magnetic studies during the exam and/or until the capsule has passed. The capsule passes in the stool, usually within 24-48 hours.

**Cancellation/No Show Policy:** To ensure that all our patient have access to our physicians, we have established the following fees for late cancellations and no shows. Office visits cancelled less than 24 hours of the appointment may be subject to a \$50.00 charge. Procedures cancelled less than 72 business hours prior to the procedure may be subject to a charge of \$100.00. These charges will be billed to the patient and not their insurance carriers.

**ANY QUESTIONS? PLEASE CALL LISA MYERS AT 770-719-0922**